

## Evaluating Wellbeing using WEMWBS—Flowchart



Your Project Name:

Date :

Named Lead :

Contact

[mentalwellbeing@kent.gov.uk](mailto:mentalwellbeing@kent.gov.uk)  
with details of your project or  
fill in the [online form here](#) (this  
will automatically be sent  
through).

1

### Complete 1st WEMWBS forms

At the start of the first session / meeting: assign the participant with the project number and a participant ID number or ask them to complete WEMWBS using mothers maiden name and their year of birth. Send completed set of WEMWBS to the address below.

Collection Date : ...../...../.....

### Stage 2: Mid-point WEMWBS (if applicable)

Ask project participants to complete a WEMWBS form and either use their project ID (if assigned) or mothers maiden name and year of birth. Send completed set of WEMWBS to the address below.

Collection Date : ...../...../..... (if applicable)

2

3

### Stage 3: Final WEMWBS

Get participants to complete a final WEMWBS questionnaire. Using either use their project ID (if assigned) or mothers maiden name and year of birth. Send 3rd completed set of WEMWBS to the address below.

Collection Date : ...../...../.....

### WEMWBS Forms and Addresses:

all supporting paperwork and forms can be found at: [liveitwell.org.uk/WEMWBS](http://liveitwell.org.uk/WEMWBS)

Completed forms to: **WEMWBS Kent County Council, Public Health, Room 3.45 Sessions House, Maidstone, ME14 1XQ** using paperwork provided at the link above or for more information or help email: [mentalwellbeing@kent.gov.uk](mailto:mentalwellbeing@kent.gov.uk)

[www.liveitwell.org.uk](http://www.liveitwell.org.uk)