

Swale CCG Mental Health update for local Mental Health Action Group

January 2016

0-25 Children, Young People and Young Adult service development

National context

The Autumn Statement (December 2014) and Budget (March 2015) announced plans to transform children's mental health services, aligning with recommendations set out in the NHS *Five Year Forward View* with the national ambition that this will build capacity and capability across the system so that by 2020 we will make measurable progress towards closing the health and wellbeing gap and securing sustainable improvements in children and young people's mental health outcomes.

A national taskforce was set up by Norman Lamb, the then Minister for Care and Support, to establish a clear consensus on how to make it easier for children and young people to access high quality mental health care when they need it. '*Future in Mind*' was the product and this describes an integrated whole system approach to driving further improvements in children and young people's mental health outcomes with the NHS, Public Health, voluntary and community, local authority children's services, education and youth justice sectors working together. The report included prioritising investment for children and young people at local level through robust action planning and engagement, developed in publicly available agreed Local Transformation Plans for Children and Young People's Mental Health and Wellbeing.

Local Context

The national work reported similar concerns to those in Kent with work already underway on the development of '*The Way Forward: Kent's Emotional Wellbeing Strategy for Children, Young People, Young Adults and Families*'.

In September 2014, partners on Kent Children's Health and Wellbeing Board published the first part of the new Strategy for children, young people and young adults. This document set out a framework of four key outcomes, based on national and local research and early consultation activity with families and professionals, and made the commitment to translate these principles into a multi-agency Kent Local Transformation Plan which strategically aligns with the NHS 'Five Year Forward View', the 49 recommendations of '*Future in Mind*', the '*Kent and Medway Crisis Care Concordat*' and Kent County Council (KCC) Transformation Programme for 0-25 years old.

The recommendations in the Kent Local Transformation Plan lay the foundations for a new system of support that extends beyond the traditional reach of commissioned services, recognising that promoting and protecting the emotional wellbeing of our children and young people is far bigger than any individual organisation. The Plan outlines the work to take place across Kent between now and 2020. A significant element of the Plan is regarding procurement and delivery of the child and adolescent service contract across the whole pathway, including universal services (for example schools, health visitors) commissioned by Public Health, Early Help commissioned by KCC and specialist secondary care provision commissioned by the CCG with an element from KCC for Children in Care.

The developments will be overseen by the Procurement Programme Board and a Transformation Board.

The Kent Transformation Plan has now been published on the Live it Well website and can be accessed via the link below:

<http://www.liveitwell.org.uk/policies/kent-transformation-plan-for-children-young-people-and-young-adults/>

Community Mental Health and Wellbeing Service KCC and CCGs have jointly commissioned an integrated Community Mental Health and Wellbeing service. This service will ensure compliance with statutory responsibilities and offer a consistent and equitable service across Kent (excluding Medway). The model sits outside of secondary mental health services and will form a key part of an integrated pathway across the voluntary sector, primary care mental health and social care and include public health initiatives to ensure there is appropriate, equitable, timely and cost effective interventions for vulnerable people in the community.

Key aims of the service are to; aid recovery and prevent relapse, improve health and social care outcomes for individuals with poor mental health and wellbeing, prevent suicide and reduce the stigma of mental illness. The contract will commence on 1 April 2016, a period of mobilisation will precede this, an aspect of which will include the Strategic Partner's communication and engagement with the Mental Health Action Group.

Neurodevelopmental Pathway In response to the increased level of demand for patients presenting with ASD or ADHD symptoms, the CCG in partnership with KCC are currently undertaking a piece of work to identify the most appropriate Neurodevelopmental pathway for people of all ages.