

DGS Mental Health Action Group



Meeting on 19th January, 2016, 12.30pm
Dartford Civic Centre, Home Gardens, Dartford, Kent, DA1 1DR

PRESENT

ORGANISATION & EMAIL ADDRESS

Richard Giles	DGS Mind
Marie McEwen	West Kent Mind
Nick Butterfield	MCCH
Raj Jahmat	Rethink
Laura Holt	KMPT Community Mental Health Team
Correen Campbell	KMPT CMHT Occupational Therapy Student
Lauren Cane	KMPT Liaison Psychiatry
Alec Renmant	Insight Healthcare
Kashmir Powar	Health Life Style Co-Ordinator
MR	North Kent Mind/Heart of the Matter Service User
Caroline Potter-Edwards	DGS & Swale CCG

APOLOGIES

ORGANISATION

Naomi Hamilton	CCG
Carol Gosal	Rethink
Julie Brock	J&S Opening Doors
Sharon Phillips	Health Living Centre
David James	Kent County Council
Maria Bassett	Sanctuary Supported Living
Christina Stamp	Carers First

1. Welcome Introductions & Apologies

The Chair welcomed the group and apologies were noted as above.

2. Minutes from last meeting – Approved

3. Action Points

a) Local Meeting :

1. Equality & Diversity complaints: North Kent Mind has had dialogue with Audrey regarding this. KCC feedback has been out of sync and this has now been resolved.
2. Mobilisation plans have been Included in bids by applicants.
3. Sue Scamell confirmed there is no plan to stop funding MHAGs as they are central to KCC engagement with service users and carers
4. Invite Katie Smith-Palomeque again.

b) County: No question raised at the County meeting.

4. SU & Carer Questions

a) Questions raised at today's pre-meeting:

1. What will happen with Invicta after March? SEAP won the contract, what does this mean for services?

Action 1 : Marie to invite SEAP/Invicta to next meeting to advise on services for the future.

2. What services will North Kent Mind and MCCH be delivering after March?
Richard and Nick advised that until the KCC Strategic Partnership results have been published services are not in a position to confirm what they will be delivering post March 2016. There will be a transition period for dialogue with existing providers until end March. Big change for third sector providers for next 5 years.
Richard added that the MP for Dartford, said that in the meantime if any service users needed advocacy he would be happy to advocate for them.

3. Where do MHAGs sit with the new service?
The MHAG funding sits outside of the Health & Wellbeing Service and will continue as the main service user/carer engagement with statutory services.

Action 2 : As soon as the Strategic Partner is announced they are to be invited to MHAGs to advise on services post March 2016.

- b) Question going forward to County MHAG: none raised.

5. Information Sharing

1. County MHAG feedback : Dave Holman from West Kent CCG attended the meeting to give an update on the Crisis Concordat. See draft minutes on the Live It Well website here <http://www.liveitwell.org.uk/your-community/county-mental-health-action-group/>
2. Commissioners Reports:
[KCC Commissioners Update Jan 2016.docx](#)[KCC Commissioners Update Jan 2016.docx](#) : Primary Care Social Care service. DGS appointment hopefully by end of February.
[DGS Clinical Commissioning Group update January 2016.pdf](#)[DGS Clinical Commissioning Group update January 2016.pdf](#): Caroline Potter-Edwards will be attending the DGS meeting in future on behalf of Commissioner Naomi Hamilton. Caroline highlighted that the link to the Children's Transformation Plan on the Live It Well website is included in the Update. The CCG will be working with providers to spend this money effectively. Re-procurement of CAHMS is taking place across whole pathway and procurement due to start soon. The Health & Wellbeing service is outcome based and the new strategic partners have shown they can deliver this. An announcement as to who they will be should be made soon.

Neurodevelopmental pathway is ongoing across Kent.

3. Provider updates:

KMPT LIAISON Psychiatry - Lauren Cane: The service at Darent valley operates 9am-12pm across Emergency and Inpatient departments for over 18s. There is a team of 7 fulltime band 6 practitioners, team manager, substantive consultant psychiatrist and rotational speciality registrars (SPR). Assessments can be at A&E and signposted on to other services or at wards to support acute hospital staff to maintain mental health in general hospital whether existing or new presentation. Assessment, screening, giving advice, safeguarding etc. some therapeutic intervention if needed whilst in hospital. Hopes to be moving to 24hr across service. It is 15 hours at the moment and anything

outside will be picked up by crisis team. Dartford has one of the better contracts across the county with a good level service team well embedded.

Richard noted people are getting mixed messages as being told to go/not to go to A&E. Lauren advised discouraging attendance at A&E if no physical/medical need but recognised that this is sometimes unavoidable. People are often referred at triage to our service. We have a 2 hour response time. If after midnight it would be the crisis team within 4 hours, if able, and then we would link in if they were known to community/crisis team.

Rethink: - Raj Jhamat : Nothing new at the moment. Waiting for outcome of Health & Wellbeing Strategic Partner bid. In the meantime the service continues as normal.

Community Mental Health Team (CMHT) Laura Holt/Correen Campbell: First time attending on behalf of the team. Manager, Pat North, on long term sick leave and Mike Moore who usually attend the meeting is retiring soon.

Insight Healthcare – Alec Renmant : Service continues to be busy. Waiting to hear outcome of Health & Wellbeing Strategic Partner bid.

MCCH – Nick Butterfield: Service continues as usual. Waiting for outcome of Health & Wellbeing Strategic Partner bid.

North Kent Mind – Richard Giles: Our new shop “Made in Kent” is opening shop on 28th January at 54 High Street, Gravesend. All profits will go to North Kent MIND. Waiting for outcome of Health & Wellbeing Strategic Partner bid which could mean big changes to services, although IAPT will remain the same.

Healthy Lifestyles - Kashmir Powar : There are 4/5 Adult weight management programmes running Dartford. Please refer clients to me. Criteria - adult BMI over 28. Sometimes weight is tip of the iceberg and we refer onto other services as necessary such as mental health. There are also similar groups in Gravesend. We also work with families with children who need help with weight issues.

Heart of the Matter (HOM)– Matthew Richards : Attendance at the group is low. Service users need a voice but he doesn't feel it is doing that at the moment. Used to have good speakers attending the group to share information. Feel it is more productive to be here with ear to the ground. Not sure where it is headed. Hope more will attend HOM soon. Would like to know what level of advocacy will be provided by SEAP (Support, Empower, Advocate, Promote). The main link with service users is through HOM if that ceases to exist how will we engage? We were told we would need to run it ourselves so were prepared for this but hard to keep it going due to low numbers.

4. Staff Changes: As mentioned above Pat North is off long term and Mike Moore is retiring soon. Lauren will let the group know who will be acting Manager.

Action 3: Lauren to advise name of Acting CMHT manager via Marie

6. Working Group:

Richard had not heard from Sgt Paul Squires on Crisis Café costing etc. Presume this has not been implemented as hoped.

Action 4: Marie to ask Sgt Paul Squires for an update on the Crisis Café

No further ideas were put forward for the working group.

7. Elect new co-chair: Nick withdrew his nomination as he does not feel he can commit at the moment. Possibly in few months when more certain of new Health & Wellbeing Partnership contracts. Alec suggested that the new strategic partner should be invited to co-chair the meeting. The group joined Alec in thanking Richard for his continued support in chairing the MHAGs all year.

9. Date of next meeting

The next meeting will be on 15th March, 12.30pm at the Riverside Community Resource Trust, Dickens Road, Gravesend, DA12 2JY. The pre-meeting will be from 12-12.30pm for service users and carers to speak to the Chair in confidence.

ACTION TABLE

Action No.	Action Point	Responsibility	Status
1	Invite SEAP & Invicta to give details of outgoing/incoming services	Marie	SEAP Attended March MHAG Invicta gave written update
2	Invite new Strategic Partner to give overview to MHAGs	Marie	Both have provided update and will attend the May meetings
3	Advise name of Acting CMHT manager via Marie	Laura Holt	Pat North is now on a phased return to work



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Minutes posted on : <http://www.liveitwell.org.uk/local-news/dqs>