

# Swale Mental Health Action Group



Meeting on 20<sup>th</sup> January 2016, 2.00pm  
At Swale House, East Street, Sittingbourne, ME10 3HT

## PRESENT

Sandra Bray  
Marie McEwen – Minutes  
Ken Pugh  
Jo Smith Kearney  
David Hough  
Paul Francis  
Brian Clark  
John Gatto  
Sarah Jane Radley  
Matt Bromley  
Kerry Newbury  
SK  
Sarah Rodger-Smith  
Lynn Hatton  
Lindsey Kennett

## ORGANISATION & EMAIL ADDRESS

Together Swale Your Way  
Sevenoaks Area Mind  
Swale Borough Council  
SURF  
Rethink SURF  
Rethink SURF  
Carer  
Centra Housing  
Swale Borough Council  
Together Swale Your Way  
Amicus Horizon  
Amicus Horizon service user  
KMPT  
Addaction (ThinkAction)  
Carers Support

## APOLOGIES

SA  
Naomi Hamilton  
Nigel Martin  
James Durkin

## ORGANISATION

Service User  
Swale CCG  
Sheppey Matters  
Sanctuary Supported Living

## 1. Welcome Introductions & Apologies

The Chair welcomed the group and apologies were noted as above.

## 2. Minutes from last meeting : Approved

## 3. Action Points

a) From local MHAG:

1. Invite KMPT Community Mental Health Team and Kent County Council to join the Parity of Esteem Working Group. Tim Woodhouse, KCC and Sarah Rodger-Smith, CMHT both agreed to attend.
2. Systems in place to monitor physical health. See email from Sarah Rodger Smith:



RE Swale MHAG  
Action Points.msg

- b) Question raised at County MHAG – *Mental health budget* : Commissioner Dave Holman is looking at new ways to deliver the service within the budget. He is open to more involvement and suggestions on this. He is very aware that the need was more than the budget available. Social care is important to prevent people going into secondary care. Housing/finances affect mental health and it is better to address these to prevent the need for secondary care. The full discussion can be viewed on this link <http://www.liveitwell.org.uk/your-community/county-mental-health-action-group/>

Crisis Café/Houses: The group agreed to lobby for sustainable budgets for crisis help. Crisis cafes were short term. Doesn't always have to be statutory services who run them, there are enough professional people around if the service is funded from statutory services. Mental health needs to come up in priority ranking. Cllr. Pugh agreed to raise this at the next Health & Wellbeing meeting and added that action is needed instead of talking about it. Proper budgets needed to enable professional staff to actually deliver the work.

Brian added that the current transformation plan for 0-25s is very commendable but felt the over 25s have been let down. David noted the need had been identified but queried where the funding would come from? Ken again advised the MHAG should lobby KCC and CCG for funding.

#### **4. SU & Carer Issues**

a) Raised at today's pre-meeting:

1. *Problems opening the SURF electronic newsletter* – Jo requested a hard copy is posted in future. Paul agreed to arrange this.
2. *Concern raised at press release that Virgin have won contract to run Sheerness and Sheppey hospitals but excludes mental health care.* Details had been discussed at the Patient Liaison group yesterday. It was confirmed what services will be provided, includes community hospital services but doesn't include mental health. Michael Gilbert from the CCG had advised they won the contract based on better costings to provide a similar service to the current provider. Virgin will develop patient liaison. David felt that the MHAG needed to monitor parity of esteem and ask Virgin what they plan to do to communicate between both. Cllr. Pugh added that he is arranging for presentations from Virgin to explain this and invited any groups to contact him to arrange attendance. Sarah Rodger-Smith advised that services should not change too much for the general public and referral process will remain same. This is a 7 year contract. Paul noted that Virgin will be held to account on the contract and what they put in the bid must be delivered. Key Performance Indicators (KPI) will also be included. With so many changes happening there is a need for mapping on what will be changing post April, i.e. Virgin are only taking over some services and we need to know which ones. Who would map these? Suggested CCG.
3. *Patient Portal – assistance needed for logging-in.* Marie to ask to Les Manley. Could support worker be trained to help with this?

**Action 1 : Marie to ask Les Manley for support/assistance with logging in/using Patient Portal.** (*Update – Les advised contacting administration for any problems on [patient.portal@kmpt.nhs.uk](mailto:patient.portal@kmpt.nhs.uk)* ).

4. *How are tenancies protected when people are admitted to hospital long term?* Kerry advised that Amicus would work with them to keep their home available and would be dependent on their rent still being paid. Sarah Rodger-Smith advised that the care co-ordinator would liaise with landlord etc.
5. *Service users need to be notified when support workers leave.* Sarah advised they are informed of any changes to staff whenever possible. Apologies to anyone who was not informed. Most people were contacted recently and made aware of changes. Locums were stopped to encourage recruitment. The team is always changeable as staff move on etc. Rapport between patient and doctor is important and acknowledged by the team.

## **5. Information Sharing:**

1. County MHAG Update: Please see minutes here :  
<http://www.liveitwell.org.uk/your-community/county-mental-health-action-group/>
2. Commissioners' Reports from Sue Scamell, Kent County Council and Naomi Hamilton have been circulated. Please email any questions on CCG report directly to Naomi ([naomihamilton@nhs.net](mailto:naomihamilton@nhs.net))
3. Provider Updates/New Members:

**Lindsey Kennett, Carers Support :** All a bit quiet until we launch our new activities for spring. Elena has left and Lindsay has taken over as mental health outreach worker.

**Lynn Hatton, Addaction (ThinkAction) formerly KCA :** Waiting for outcome of Strategic Partner tender. We are going out to recruitment for Psychological Wellbeing Practitioners and High Intensity therapists for IAPT. We don't have base in Swale anymore but we do still provide services from The Gateway, Minster Medical Centre etc. Depending on requirements we may look at adding further rooms.

**Sarah Rodger-Smith, Community Mental Health Team:** Debbie Davison is on secondment to another team until June. The consultant Psychiatrists are not able to attend today as they are seeing clients this afternoon. CMHT were low on support staff up to Christmas but now have more staff on board and are able to go onto wards to liaise with clients. We are still trying to recruit, which has been a struggle. Band 6 post and social work post advertised and hope to recruit shortly. Groups continuing as normal. Consultants have been attending GP practices to improve communications. Referrals have gone up quite a lot across the trust but hopefully with the Single Point of Access screening and Social care posts, things will improve. Single Point of Access Phase 2 starts in March and will have nursing staff in place to do assessments on the phone and make appointments. GPs will know this route in. Self-referral is also available. People should be seen within 28 days same as it is now. Single Point of Access will be 24 hours.

**Kerry Newbury, Amicus Horizon :** Currently going through due diligence for the Meridian merger. Meridian don't have any homes here in Kent but we hope this means we can ask for more money to build more. Hoping to review our opening times and encourage use of portal. Looking to reduce to 3 days so that clients are not reliant on us. Details of Confidence Building Course to follow shortly via MHAG.

**Matt Bromley, Together Swale Your Way :** Three new peer Support workers recruited and recruiting more in March. Looking at having group sessions as well as one to one support. Details of football therapy will be circulated shortly via MHAG. It is a mixed team with female manager and they have sponsorship for £1,250 for the year. Sheerness Holiday Park (Cosgrove Leisure) have offered training ground and money for logo on shirts. This is really empowering service users, we have money to put them on refereeing course to help them go into community and referee matches. Very supportive group who have built up friendships and are now meeting outside of the group.

**Sarah Jane Radley, Swale Borough Council :** Currently scheduling events for the year at the Gateway please let me know of any and I will add them. Sandra asked to be added for World Mental Health Day on 10<sup>th</sup> October - this was very successful last year and worked in collaboration with Jobcentre plus, doing same again this year. Great for networking and finding out what other organisations are doing.

**John Gatto, Centra Housing :** Steve Furber now retired and very much missed. New manager is Sally Ann Povey, hopefully she will attend the next meeting.

**Paul Francis, Rethink SURF:** Service user meetings are held at 2pm on the first Tuesday of each month at the Healthy Living Centre and last Thursday of the month at Phoenix House. We are keen to involve more people for Sheppey. Happy to go out to other

organisations to speak to your groups. We have already visited Centra. It is very important to find other ways to engage with service users. Activmob carried out a review of service users forums across Kent on behalf of the CCGs. Preliminary results show lower level of awareness from the general public. Activmob now considering how to change this. In the past SURF were able to engage with mental health residential communities who were a captive audience but this has now changed and we need to identify how to engage with people differently. Outcome of review is in the hands of CCG and we will know more by April. Sandra added that with the changes to how they work there are no longer clusters of people in buildings. Cllr. Pugh asked for details of CCGs who had commissioned this work and when/where they meet. Marie to find out.

**Action 2: Marie to find out who commissioned ActiveMob Service User Forum review.**

4. Staff Changes: Sarah to circulate CMHT updated staff chart.

**Action 3 : Sarah Rodger-Smith to circulate CMHT staff chart**

## **6. Working Group – Parity of Esteem between Mental Health and Physical Health Budgets**

Paul agreed to lead on this and reported that the working group Terms of Reference had been drafted and circulated. David commented that the CCG knows what it wants to put in place but Service Users might be able to suggest more appropriate alternatives. Need to recognise what parity of esteem actually is. Mental Health crisis can happen anytime and should not have to wait for opening hours. NHS would not dream of telling people with broken legs to wait until Monday. Next working group meeting will be **Tuesday 2nd February, 3pm at Sittingbourne Memorial Hospital**. It is important that the CCG attends and if Naomi is not able to make this date it may be changed. Paul will check and confirm. Cllr. Pugh advised that a Business Case would be needed if we are looking for more money, identify what is needed and how much it will cost. The group felt they did not have the expertise to do a business case and that there was unlikely to be any more money so would stick to the budget already allocated but look at how it could be spent differently to achieve what is needed. Dave suggested that 24/7 service contracts needed to be looked at as it is not just about why is service not there. Sarah Rodger-Smith agreed and added that this is currently being considered by staff. There will be a dedicated team with some rotating into Single Point of Access to give 24 hour cover needed. Jo agreed to join the working group and Paul will add her to his mailing list for the group.

### **Date of next meeting**

16<sup>th</sup> March 2016, 2pm at At Swale House, East Street, Sittingbourne, ME10 3HT.

**ACTION TABLE**

No.	Action	Responsibility	Status
1	Ask Les Manley for more support/assistance with logging in/using Patient Portal	Marie	Completed
2	Find out who commissioned ActiveMob Service User Forum review and pass contact details to Cllr. Pugh	Marie	Completed
3	Circulate CMHT staff chart	Sarah Rodger-Smith	Completed

Minutes posted on : <http://www.liveitwell.org.uk/local-news/swale>

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