

Thanet Mental Health Action Group



Meeting on 12th January, 2015, 11.00am-12.30pm

At Richmond Fellowship, Thanet Community Services, 17 St. John's Road, Margate, Kent CT9 1LU

PRESENT

David Rowden – co chair
Brian Heard – co chair
Sue Sargeant – Minutes
LK
Liz Frost
Anne Ariyo
Lorraine Kay
Dawn Snape
GP
Maxine Kerrigan
Andria Charlesworth
Holly Warner
Hanna Roost
Lisa Morley
Terry Balby
Pablo Lopez Martinez
Linda Ranger

ORGANISATION & EMAIL ADDRESS

Speak Up CIC
Speak Up CIC
West Kent Mind
Carer
Carers Support
Centra Care & Support
Centra Care & Support
Department of Work & Pensions
East Kent Carers Council
Insight Healthcare
JobCentre Plus Margate
KCC Primary Care Mental Health
KCC Primary Care Mental Health
Rethink
Richmond Fellowship
Thinkaction
Thinkaction

APOLOGIES

Angie Jones
Linda Caldwell

ORGANISATION

Kent Community Health Foundation Trust, Stop Smoking Service
Thanet CCG

1. Welcome Introductions & Apologies

The Chair welcomed the group and apologies were noted as above (Linda Caldwell's apology was received after the meeting).

2. Minutes from last meeting – Approved.

3. Action Points

a) from last meeting:

Sharon Buxton sent the following responses:

1. Ask Beacon staff if it is possible to play relaxing music at Depot Clinic to help with anxiety.
I have spoken to the Clinical Lead Nurse/Darren Clay. The Radio has been played, however comments have been made that individuals prefer to just talk rather than listen to music. We are currently unclear on copy rights on playing cd's but will look into this. In the meantime we are happy to reintroduce the radio on an individual basis.
2. Circulate details of IAPT groups via MHAG
I believe this was a request was for the groups being held at the Beacon, as I would not have access to the IAPT groups. I am happy to forward the groups held at the Beacon electronically if still required.

ACTION 1: Sharon to send details of Beacon groups for circulation

3. Feedback comments on gaps to psychological services
I am setting up meetings with IAPT services to discuss. I am also awaiting a reply from Secondary Psychology services. I will keep you updated.
4. Advise Beacon admin that the staff list needs to be updated and dated.
This has been completed.
5. David circulated details in advance of the December working group meeting.

b) County MHAG response to Thanet's question: Thanet CCG is working closely with IAPT providers, how do other localities bridge the gap in services?

There have been new contracts from 1st Jan 2016 – if referrals received by CMHT do not meet thresholds they should talk to IAPT provider. Services will talk to each other more.

From the County minutes:

Jeanette Dean-Kimili advised the new contracts from 1st January 2016 state that if referral is received by Community Mental Health Team (CMHT) and doesn't meet threshold they should be transferred to IAPT provider. Clinical conversation should take place between the two providers, can use a transfer form to say why they feel they are not appropriate for their service and include a bit about risk/boundaries. Possibility the service user presents differently at IAPT and CMHT, the form for use between providers was e piloted and was found to be hugely helpful. Lynne Jones asked how CMHT would know which IAPT provider to refer to? Jeanette advised they would ask the client. Lynne noted that CMHT don't refer to IAPT – it is the client. Jeanette advised that in a case where the CMHT felt that an IAPT referral was more appropriate, that often the clients found the referral support to another service helpful. And reduces the possibility of people falling through the system. This will be equally important with the new Mental Health and Wellbeing Service that is currently in process of being re-commissioned.

Karen Able agreed it is not acceptable to bounce people around and that Insight would welcome any conversation with CMHTs across Kent. GPs also need to know what IAPT services can provide.

5. SU & Carer Questions

a) Raised at today's pre meeting:

Lola's question to be raised directly to Sharon.

ACTION 2: Sue to pass Sharon's email address to Lola for her to follow up

Other points raised:

1. The computer is now working at the main reception at the Beacon, which is really useful, and there is a sign to make clients aware that it is for their use.
2. Brian saw a documentary about the A&E at Kings College, London where the nurse stated that she sees 320 people per month at casualty with mental health problems. Is it possible to get a figure for hospitals in Thanet and to find out how the East Kent Hospitals University Trust deals with people coming to A&E with mental health crisis?

ACTION 3: Find out the number of people presenting at A&E in mental health crisis

ACTION 4: Invite the East Kent University Trust to the meeting to explain how they deal with people coming to A&E with mental health crisis.

b) **Going forward to County:**

None

6. Information Sharing:

1. **County Mental Health Action Group Update** – The minutes have been circulated and are available at: <http://www.liveitwell.org.uk/your-community/county-mental-health-action-group/>
The CCGs are now leaning towards Crisis Houses, rather than Crisis Cafes, to give the higher level of support which is needed.
KMPT has done better in National Patient Survey than last year when they were in the bottom four.
2. **Commissioners Reports** – The KCC and Thanet Clinical Commissioning Groups have been circulated and are available at <http://www.liveitwell.org.uk/local-news/thanet/#MHAGInformation>
IAPT contracts came into effect Jan 2016
Strategic Partners to be announced week beginning 18th January 2016
Out of area placements are being monitored, they were up over Christmas
The Primary Care Social Work service will be fully operational from 1st April 2016 (see also below for more information)
3. **Provider update/new members**

Hanna Roost and Holly Warner, Primary Care Social Workers, KCC: They are newly qualified social workers and have been in place for a couple of weeks. They cover Thanet, Dover Deal & Shepway. They will be working closely with the new strategic partners in Kent to offer this service and there will eventually be 9 covering the County (4 areas), 2 in this area. They will also be working closely with the Kent Enablement and Recovery Service (KERS) which has replaced the Support Time Recovery (STR) service. They want to work and focus on preventions and also look at how they can support and assess carers to see what they need. This will be dependent on who the strategic partners will be. They will work with CMHT to provide social support for people who may need it and will contact service users through referrals, both self and from GPs. Also looking at other ways of supporting GPs in mental health referrals. Maxine, Insight and Liz, Carers First both asked for Hanna and Holly to come and give a talk about their service.

Yasmin Ishaq further clarified after the meeting: The Primary Care mental health Social Work Service is not just for those leaving secondary care it is also for those who have a first experience of mental distress who would meet the criteria of cluster 1, 2 and 3. Its primary goal is to offer early social care intervention alongside primary care health colleagues in order to support early and preventative support that stops people progressing on to need secondary care services. It is an enablement and co-productive model that uses the strengths of the individual, family and community.

ACTION 5: Invite Yasmin Ishaq to talk about this new service

Insight Healthcare, Maxine: Insight provides services and psychological interventions for common mental health orders, Step 2 and 3. Maxine met with Amanda Scrivener, the psychological lead at KMPT for the area to discuss gaps in the service and agreed that it was all about communication, although this is difficult with 30 or 40 referrals a day.

Thinkaction, Pablo and Linda: Thinkaction provides IAPT, also groups and service user groups. New contract so keen to bridge the gap as best they can with The Beacon.

They only offer short term therapy. Would like to update the group after meeting with Sharon Buxton.

Job Centre Plus, Andria: They are running a Social Justice event on 26th Feb, by invite to Employment Support Allowance (ESA) claimants only, to help them back to work. This event has been very successful in the past. Tony March has taken over from Jayne Faulkner and will attend in future.

Q. Gloria asked whether the Job Centre liaises with the Beacon as some patients find it difficult to find employment and there has never been anyone when things have stabilised?

A. Dawn Snape liaises with the CCG and individual practices. There is a disability employment officer and work coaches who are multi benefit, have had mental health training and recognise that small steps can be the way forward, ie, creating a cv or registering on universal job match. They have banks of computers for anyone to use. Jobcentre works with partners to provide training.

ACTION 6: Liz Frost to contact Andria or Dawn Snape to invite them to attend a carers meeting to explain the benefits and services available.

Carers Support, Liz: Covers Thanet, Canterbury and Dover offering support. There is a meeting on 1st Wednesday of every month at the Trinity Resource Centre, Thanet from 2pm – 3.30pm

Centra Care & Support, Anne: The Centra Group is part of Circle Housing and Anne is a supported housing officer providing 9am to 5pm and out of hours support to 7 residents at Westgate. They offer accomodation for life.

Centra Care & Support, Lorraine: Works with homeless people and the aim is for people to be living independently in the community within two years. Lower Northdown, Cliftonville is funded to help support people with low or medium housing needs.

East Kent Carers Group, Gloria: The group meets every month in Canterbury.

7. Working Group Update – Crisis Café/houses

David, Brian and 2 others met in December to discuss this. They have decided that a Crisis House would meet the needs for the area better than a Crisis Café.

ACTION 7: David to let Sue know the details of the next meeting to circulate to the group.

8. Date of next meeting

8th March, 2016 at Richmond Fellowship, Thanet Community Services, 17 St John's Road, Margate, Kent, CT9 1LU.

Terry is happy to continue to offer this venue pending the outcome of the strategic partnership bid.

The meeting finished at 11.59am

Action Table

No	Action	Responsibility	Status
1	Send details of Beacon groups for circulation	Sharon	Completed
2	Provide Sharon's email address to Lola for her to follow up on question	Sue/Lola	Completed
3	Find out the number of people presenting at A&E in mental health crisis	Sue	Details provided and added to LIW
4	Invite the East Kent University Trust to the meeting to explain how they deal with people coming to A&E with mental health crisis.	Sue	As above
5	Invite Yasmin Ishaq to talk about the new Primary Care Social Work service	Sue	Primary Care Social Workers attending MHAGs already
6	Liz Frost to contact Andria or Dawn Snape (DWP) to invite them to attend a carers meeting to explain the benefits and services available.	Liz	Completed
7	Circulate the details of the next working group meeting to the group.	David/Sue	Completed

Minutes posted on : <http://www.liveitwell.org.uk/local-news/thanet>

Administration :



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