

East Kent Mental Health

Developing the Adult Five Year Mental Health Strategy for East Kent



Ashford Clinical Commissioning Group



Canterbury and Coastal
Clinical Commissioning Group



South Kent Coast
Clinical Commissioning Group



Thanet Clinical Commissioning Group

East Kent Mental Health Commissioning Team

- Who are we:
 - Head of East Kent Mental Health Commissioning: Andy Oldfield
 - Commissioning Programme Lead: Deborah Frazer
 - Commissioning Project Lead: Louise Piper
 - Project Administrator: Sarah Parker



East Kent Mental Health Commissioning Team

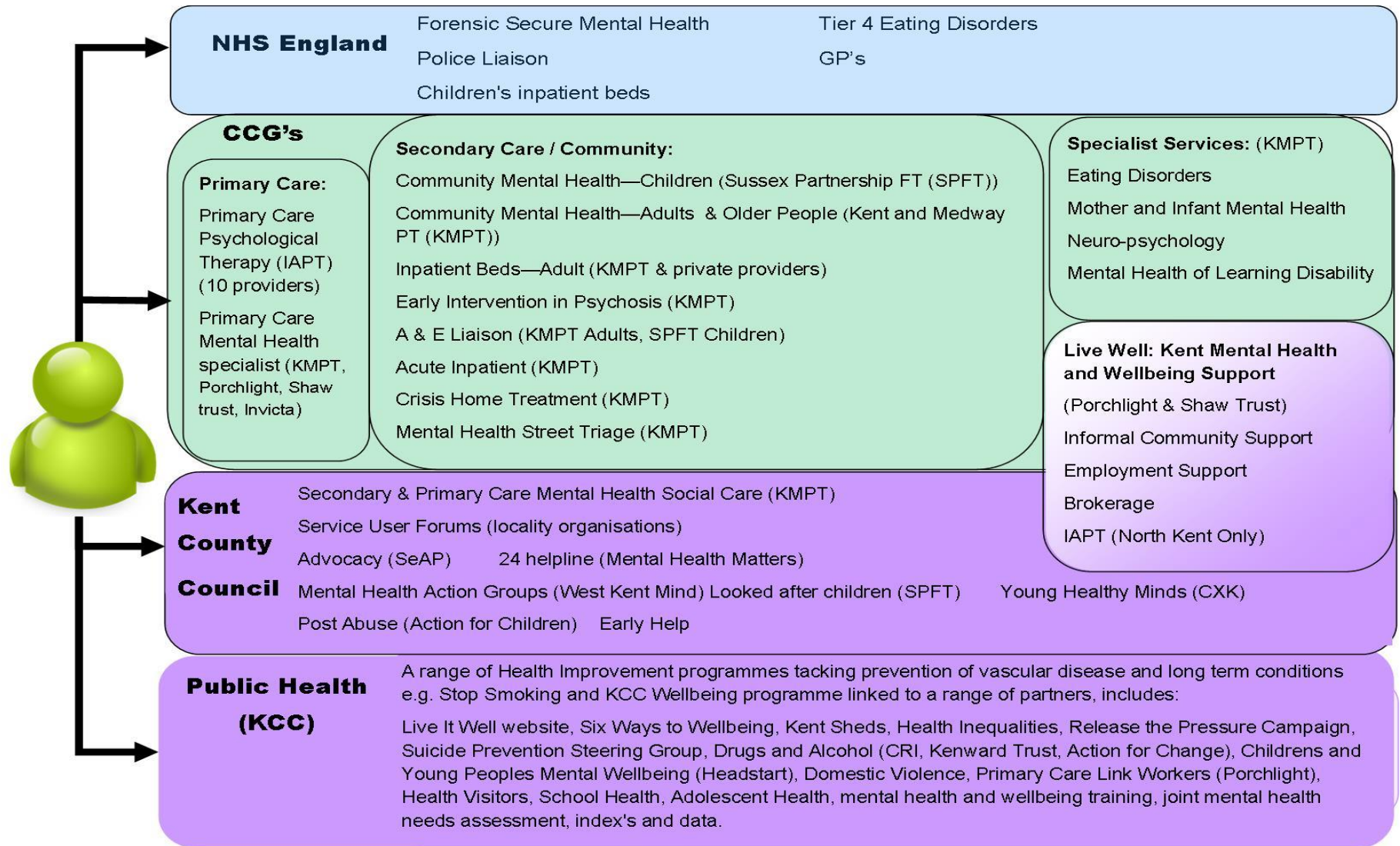
The East Kent Mental Health Commissioning Team

Aims to work closely with all stakeholders

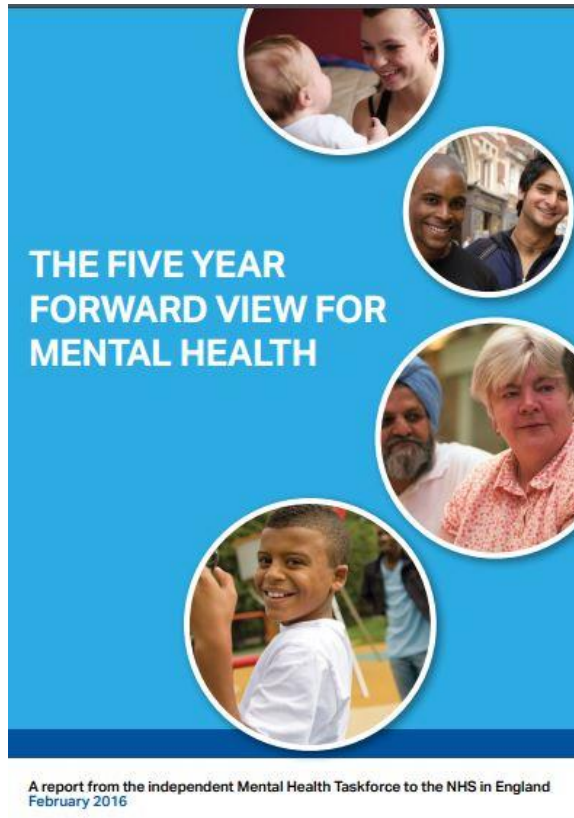
- Service users and carers
- CCG Mental Health Leads in East Kent
- GPs
- Mental health commissioners in the rest of Kent
- Kent County Council Social Care
- Public Health
- Kent Police
- NHS England
- District Councils
- Third sector providers



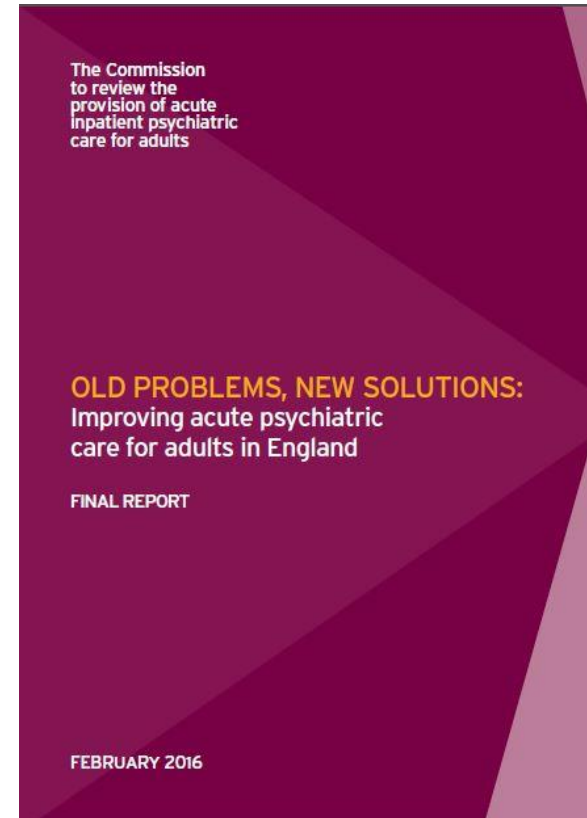
Mental Health service provision and commissioners



National Policies – Key Priorities



The Five Year Forward View of Mental Health:
A report from the independent Mental Health Taskforce to the NHS in England, February 2016



OLD PROBLEMS, NEW SOLUTIONS:
Improving acute psychiatric care for adults in England; February 2016



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East Kent Mental Health Survey



Mental health priorities- have your say

Five-Year Mental Health Strategy for East Kent Clinical
Commissioning Groups (CCGs)

The east Kent mental health commissioning team is keen to involve people in developing its work with mental health. We want to hear from you about your priorities for mental health and how these services should look in the future. We want to know what you really think.

Do you have views about local mental health services? Have you used them? Avoided them but needed them? You are the experts in what works and what needs to change. We'd really like to hear from you to help develop our priorities for the future and improve services.

The east Kent mental health commissioning team is introducing co-production in its work, which means including people affected by mental health issues. We'd like to invite you to become involved in this future work by leaving your email address at the bottom of this survey so the team can contact you.

We'd really like to hear from you if you:

- Have experience of local mental health services, or are close to someone who has used these services, for example, a family member.
- Have not been in touch with mental health services but wanted to be.
- Are passionate about helping other people to feed in their views and experiences, but do not necessarily have personal experience of mental health difficulties.

Our co-production work could mean filling in surveys or meeting with other people to share your views, but there's no pressure to do or say anything you don't want to but we would welcome your involvement.

This survey is running from **1 April – 31 May 2016**.

If you have any questions about the survey or team then please email:
ekmentalhealth.commissioning@nhs.net

*Your feedback is very important in helping us
gain an understanding of your priorities*

We will keep the answers you provide confidential and will only use your email to contact you about our work. We will not share your email. If you do not want to be included on our distribution list please contact us and we will remove your details.

The survey is running until **31 May** and has been circulated to:

- Service user and carer groups
- Patient engagement groups
- Health Providers and Stakeholders
- GP surgeries
- NHS staff
- On all CCG websites
- On 'Live It Well'

Team Email:

Ekmentalhealth.commissioning@nhs.net



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What We Are Trying To Achieve:

1. Early intervention and prevention
2. 24/7 access to good mental health services including mental health services in general hospitals
3. An integrated approach to mental and physical health
4. The promotion of good mental health and preventing poor mental health at key moments in someone's life

Priority Areas for Change 1

- Community Services:
 - Community Mental Health Teams: Review and redesign
 - Early Intervention in Psychosis service (*a clinical approach to those experiencing symptoms of psychosis for the first time aged 14 - 35*): Delivering on access and treatment targets and developing all age plan
 - Rehabilitation Services: Review services ensuring best use
 - Increase mental health provision in primary care
 - Better coordinated working in relation to people with mental health and drug / alcohol issues
 - Increase in NHS Talking Therapy and Counselling (*known as IAPT*): people accessing and recovering
 - Personality Disorders services (*patients who are chaotic & challenging*): Improved provision of care and outcomes

Priority Areas for Change 2

- Mental Health Crisis Care:
 - Reduction in the number of adults who are admitted to ‘out of area’ beds (*a bed at a hospital that is not the patient’s ‘usual provider’ i.e. KMPT in Kent*)
 - Reduce Delayed Transfers of Care (*patient is ready to be transferred or to go home but is ‘bed blocked’ or held up for other reasons*)
 - Review and redesign Psychiatric Intensive Care beds (*beds for people needing intensive care*)
 - Service review of Crisis teams (*known as CRHTs they support you at home during a mental health crisis*)
 - Reduce section 136’s by Police by working with the Crisis Concordat (*S136 is the police taking you to a place of safety when you are in public and they think you need mental health care*)
 - Review and redesign mental health provision in general hospitals to provide 24 / 7 access to urgent care

Priority Areas for Change 3

- Specialist Services:
 - Mother and infant mental health services:
Working with the children's team to develop strategy for implementation in east Kent
 - Eating Disorders: Implement Kent wide strategy in east Kent
 - Review other Specialist services: includes Neuro-psychology, Neuro-psychiatry and Chronic Fatigue

Priority Areas for Change 4

- Placements outside of Kent for Specialist Treatment (*very specialist mental health treatment*)
 - Review placements and monitoring arrangements of out of area beds
 - Review appropriateness of placements
 - Repatriation of people as soon as possible
- User and Carer Engagement
 - Communication Engagement and Co production Strategy implemented to ensure meaningful inclusion with those who are affected by services in our decision making

Priority Areas for Change 5

- Physical Health and Mental Health
 - Reduction of health inequalities for people with mental health issues by ensuring physical health checks
 - Delivery of integrated physical and mental health for people with long term mental health issues and the mental health needs of people with long term physical health issues
- Transition
 - Working closely with East Kent Childrens and Young Persons Service to implement the Kent transformation plan and to develop a 0 – 25 age pathway
- Integration
 - Work with public health, social care, district councils, Kent County Council and other agencies to ensure integrated approach to health and mental health

Priority Areas for Change 6

- Personalisation and Choice
 - Development of agenda across primary and secondary care
- Parity of Esteem
 - To ensure mental health is treated with equal priority to physical health across the whole east Kent health economy
- Best Practice
 - Review ability to deliver full range of NICE evidence based best practice interventions includes;
 - outcomes based approach
 - BAME communities
 - anti stigma

Next Steps

- We are running an online survey until 31 May 2016 to find out:
 - priorities for Mental Health in east Kent
 - views on the future mental health services
 - asking you to be involved in the coproduction of future services
 - Survey can be found here:
www.surveymonkey.co.uk/r/EKMHComm

Thank you

any questions?

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