

Thanet Mental Health Action Group



Meeting on 8th March, 2016, 11.00am-12.30pm

At Richmond Fellowship, Thanet Community Services, 17 St. John's Road, Margate, Kent CT9 1LU

PRESENT

ORGANISATION & EMAIL ADDRESS

David Rowden – co chair	Speak Up CIC
Brian Heard – co chair	Speak Up CIC
Marie McEwen – Minutes	West Kent Mind
John Childs	Speakup CIC
Maggie Gallant	SpeakUp CIC
Hazel Malik	SpeakUp CIC
LK	Carer
Liz Frost	Carers Support
GP	East Kent Carers Council
Holly Warner	KCC Primary Care Mental Health
Terry Balby	Richmond Fellowship
Pablo Lopez Martinez	Thinkaction
Lucy Love	KMPT
Tony March	DWP Jobcentre Plus
Tom Wilmshurst	KMPT
Guy Barritt	Rethink
Linda Caldwell	THANET CCG

APOLOGIES

ORGANISATION

Sharon Buxton	KMPT
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1. Welcome Introductions & Apologies

The Chair welcomed the group and apologies were noted as above.

2. Minutes from last meeting – Approved.

3. Action Points

a) from last meeting:

1. Completed
2. Completed
3. Lauren Cane was unable to attend the meeting to respond to actions 3 & 4 and sent a written response which has been circulated.
4. See Lauren's Update as above.
5. Yasmin was not required to attend as Holly Warner and Hannah Roost (both Primary Care Social Workers) will be attending the meeting regularly.
6. Liz confirmed that this is in hand waiting for a suitable date.
7. Next working group will be on 29th March at the Media Centre.

b) **County MHAG** – no question raised by Thanet at the February County MHAG.

4. SU & Carer Questions

a) Raised at today's pre meeting:

1. Are care co-ordinators all providing their work mobile numbers to carers? Cathy Nyemeck had agreed this some time ago. Lucy confirmed that her team did but she would check this and feedback.

Action 1 : Lucy to check that all care co-ordinators provide their work mobile number to all carers.

2. Report that Margate Task Force licensing team had knocked on a service users door without prior notice and caused distress. Lessons should have been learned from the fatal incident a few years ago. Tony said this was unusual as the Street Weeks organised by the Margate Task Force are notified well in advance by leaflet. Street Week is about identifying any issues and not about forcing entry to anyone's home. It was suggested that this particular incident was not part of Street Week. Tony agreed to take this back and find out more and give the Task Force an opportunity to respond but he would need full details of this particular incident.

Action 2: David will provide details of Margate Task Force incident to Tony to make enquiries.

3. There does not appear to be any plans to alleviate bed blocking caused by delayed transfer of care. Linda noted this does impacts on bed availability. Weekly teleconferences take place specifically to look at this. The biggest blockage is around accommodation problems with housing/care home availability and delays in engaging with Thanet District Council (TDC). Linda confirmed that Sharon Buxton is hoping to get someone from TDC to attend the Beacon weekly to deal with these issues. Kent County Council are carrying out a review of their accommodation strategy across Kent including Supported Housing provision. This is not easy to resolve in short term. There is other work going on looking at support in the community and whether there are enough beds. The CCGs are leading on this.

Action 3 : David will circulate details of KCC Housing survey to Linda.

4. Is Thanet Way still around? Guy advised that Rethink are still negotiating the new contract which is focused on secondary services. He is the only staff member currently working there. Gloria asked how this impacted on clients and how many did he see per month. Guy advised this did not affect the work he did with clients but they might have to wait a bit longer for an appointment. He is achieving monthly targets and have good stats on getting people back into work.

Can people self-refer to Thanet Way? Guy advised that no they cannot self-refer but he can help them complete the form to take to their GP to be signed off. People can also be referred through the Beacon.

5. The group raised concerns that Disability Living Allowance was coming to an end, the distress this is likely to cause and queried why they need to be re-assessed. Tony advised that not everyone will receive the new Personal Independence Payment (PIP). Everyone on DLA will be advised by letter – this is a government initiative and not something we can change locally. Lucy advised that everyone needs to ensure that service users are made aware of this and to expect the letter. They will have 28 days from receipt of the letter to apply for the new benefits under Universal Credit.

The Beacon has set up a drop-in Housing Clinic 10-1pm on Wednesdays for service users and they can also book up appointment with a social worker for help with benefit claims. We can also work individually and see service users at home in the afternoon if this suits. The main thing is we all know DLA is coming to an end and we need to avoid benefits being suspended due to not applying for the benefit in time and ensure letters are not being left unopened. Lucy agreed to provide a contact phone number and posters to be circulated and displayed at the Beacon to advise everyone about this. She will also confirm if service users who are not under the Beacon will also be able to access this service.

Tony added that DLA has been in place a very long time without re-assessment. Everyone who was on it will be re-assessed for PIP. No lifetime awards anymore but will be re-assessed every two years to ensure this meets their needs.

Maximus have taken over the ATOS contract for Work Capability Assessments and have a delay in catching up.

Action 4: Lucy to provide contact phone number and posters re DLA to be circulated and displayed at the Beacon.

Action 5 : Lucy to confirm if service users not under Beacon service can access the social worker support for benefit forms.

b) **Going forward to County:** - nothing identified.

5. Information Sharing:

1. **County Mental Health Action Group Update** – The minutes from the County MHAG have been circulated and are available at: <http://www.liveitwell.org.uk/your-community/county-mental-health-action-group/>.

David advised that most of the meeting had been spent talking about the strategic partnership update. KCC have appointed Porchlight and Shaw Trust to oversee social care provision for the whole of Kent and this is due to be mobilised by 1st April. Maggie added that she had contacted Porchlight and Shaw trust with questions raised in the service user forums.

Guy added advised that there is a second meeting tomorrow at 2pm at Millmead Sure Start for service users to discuss this. The group expressed concern that nobody present knew of this meeting. Guy advised that some providers were asked to invite service users to the meeting. Speakup CIC were not made aware of this (possibly because they do not provide a service) and David will raise this with Porchlight. Linda noted that Porchlight are retaining existing network in place to avoid destabilisation.

Action 6 : David to contact Porchlight and ask to be added to service user engagement list.

Will service User and Carer expenses fund previously held by Take Off be continued? David advised that strategic partner Shaw Trust have agreed to meet costs for attendance at MHAGs and will be asking KMPT and the CCGs to fund attendance at their meetings. So far Porchlight have not responded to this but he will advise once he hears back from them. In the meantime please ensure your expenses forms are submitted for meetings up to end of March.

Porchlight have agreed to provide written updates for the MHAGs and hope to start regularly attending the meetings in May once services are up and running.

2. **Commissioners Reports** – No report from KCC for March. The Thanet Clinical Commissioning Group report has been circulated and is also available at <http://www.liveitwell.org.uk/local-news/thanet/#MHAGInformation>

Linda asked for any questions on the report or any other subject.

Gloria asked why Section 136 numbers are not identified in the Out of Area figures provided? Linda advised that these were not needed but that the conversion rate of being picked up by police under Section 136 which converting to the need for a bed were low. This has identified the need to looking at why people are taken to 136 suite in the first place.

There was a discussion about the crisis team not actually performing as a crisis team. Sometimes it can take two days before they attend the service user who is in crisis. David

advised that the Dover MHAG raised this issue and as a result he is meeting with Maria Stafford from the Crisis team and will feedback details in due course.

3. Provider update/new members

KCC Primary Care Mental Health Social Work Service - Holly Warner : There are 8 social workers working across Kent who will be working alongside the delivery partners and Support time Recovery workers (STRs). The STRs have been re-named Kent Enablement and Recovery services (KERS). We will be signposting and/or supporting people around social care needs, benefits, housing, isolation, linking people in with resources in their community, lots of step down and all about preventative measures. For people who are out of crisis and don't need secondary care anymore. Also for first instances and to try and prevent them going onto crisis.

Lola asked if the Crisis Team could section people? Holly advised that no they did not but they would refer to the Approved Mental Health Professional within their team. Nearest relatives can also ask for section. Lola noted that recently the Crisis Team had been called out but the service user would not let them in so team walked away. She queried that if the carer was present in the premises why can't they let them in and was advised they are not allowed if it is service user's property. Lucy advised the carer should refer back to the care coordinator. It was also noted that the AMHP could make the decision to ask the Police to open the door.

Richmond Fellowship - Terry Balby: Due to recent changes we are no longer the delivery partner for Sandwich drop in group on Tuesdays. However, the manager at the Phoenix Centre has agreed to let the group to continue to meet there free of charge. Speakup have agreed to facilitate this for the time being. Maggie is discussing with Shaw Trust to see what they can offer.

Terry advised that there is date yet for the funeral of Delyth Andrews but she will keep the group updated once she has details.

DWP Jobcentre Plus - Tony March : We held a disability information meeting on 26th February. We invited 229 people to this event for service users and employers and had 49% attendance. Very good turnout and very successful with 6 employers attending. This was very encouraging as we need employers to change attitudes and gain understanding.

We have another event at the Ramsgate Jobcentre on 18th March with around 13 providers and 6/7 employers. If anyone would like to attend it is open 10-1pm.

I am the lead for Kent and we are raising awareness of mental health with a bi-monthly Newsletter for staff, last one focussed on depression, how to support and signpost. I will send future copies to MHAG for circulation.

Linda invited Tony to join the Local Partnership group which the Health & Wellbeing Board had tasked the CCG to set up. Tony accepted and will share his contact details after the meeting.

Speak Up CIC – Maggie Gallant: Maggie advised that SpeakUp will be 5yrs old on 31st March and they are holding a party at St Paul's in Cliftonville, 11-3pm which is open to everyone. There will be music etc. More details to follow shortly.

4. Staff changes: Once the new Health & Wellbeing Social Care services has been implemented there will be lots of staff changes. We will try to have updates for the next meeting in May.

6. Working Group Update – Crisis Café/houses

Meeting to discuss this will be on 29th March 11am at the Media centre. No need to book but it would be nice to know if you are attending.

8. Date of next meeting

10th May, 2016 at Richmond Fellowship, Thanet Community Services, 17 St John's Road, Margate, Kent, CT9 1LU.

Gloria asked if the meeting could occasionally meet at the Beacon to allow different people to attend. David felt that swapping the meeting around does not work and not worth the hassle. The group voted by a show of hands to remain at the Richmond Fellowship for the time being. This will be reviewed at the next meeting once we know what services look like.

The meeting finished at 12.25pm

Action Table

No	Action	Responsibility	Status
1	Check that all care co-ordinators provide their work mobile number to all carers.	Lucy Love	Sharon Buxton to confirm
2	Provide details of Margate Task Force incident to Tony to make enquiries.	David Rowden	Completed
3	Circulate details of KCC Housing survey to Linda.	David Rowden	Completed
4	Provide contact phone number and posters re DLA to be circulated and displayed at the Beacon.	Lucy Love	Sharon Buxton to confirm
5	Confirm if service users not under Beacon service can access the social worker support for benefit forms.	Lucy Love	Sharon advised this is only for people under secondary services. Their support would be from Community Link Worker or DWP drop in at the Innovation Centre
6	Contact Porchlight and ask to be added to service user engagement list.	David Rowden	Completed

Minutes posted on : <http://www.liveitwell.org.uk/local-news/thanet>

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