

# DDS Mental Health Action Group



Meeting on 22<sup>nd</sup> March, 11.00pm

At Council Chambers, Dover Town Council, Maison Dieu House, Dover, Kent, CT16 1DW

## PRESENT

## ORGANISATION & EMAIL ADDRESS

David Rowden -chair	SpeakUp CIC
Marie McEwen – minutes	West Kent Mind
John Childs	SpeakUp CIC <a href="#">j</a>
Marie Gallagher	KMPT Community Mental Health Team Manager
Keith Symes	Carer
Jeanette Dean-Kimili	South Kent Coast CCG
PH	MCCH service user
Alice Fox	MCCH support worker (no contact email provided)
JM	SpeakUp CIC service user
TS	SWOF service user
BG	Sanctuary Supported Living service user
Kevin Sims	Sanctuary Supported Living
Michele Godfrey	Folkestone & District Mind
Jenny Hollingsbee	Shepway District Council
Jyotsna Leney	Shepway District Council
Sue Hodge	KMPT CMHT
Gill Williams	KMPT CMHT
Anne Broadley	KMPT CMHT
Mel Kendall	Porchlight
Janice Wood	Porchlight
Holly Warner	KCC Primary Care Social Worker
Liz Frost	Carers Support CDT
Lindsey Kennett	Carers Support ASS
PCSO Karen Tappenden	Kent Police
Alan Heyes	Mental Health Matters

## APOLOGIES

## ORGANISATION

Jo Miller	Sanctuary Supported Living
Lynn Heywood	Rethink Carer

### 1. Welcome Introductions & Apologies

The Chair welcomed the group and apologies were noted as above.

### 2. Minutes from last meeting – Approved

### 3. Action Points

#### a) Local MHAG:

1. Marie invited 55 councillors from Dover, Deal & Shepway to attend the MHAG. Six replies received and agreeing to attend today's meeting but only two attended.
2. Maria Stafford will attend the May meeting.

3. Complaints sent to Maria Stafford – no response received
4. Jo Miller not present to give update.

b) **County Meeting:** DDS did not raise any questions.

#### **4. SU & Carer Questions**

##### **a) Raised at Pre-meeting:**

1. Crisis Team complaint has been sent to Maria Stafford but no acknowledgement has been received. This is now escalated to the Ombudsman.
2. Accessing CBT, conflict of opinion. This has been taken forward locally.
3. Questions raised for Porchlight:
  - a) *Is the MCCH building closing?* Yes, however, MCCH have given assurances that they will run services from Gateways or such like. Advised to ask MCCH for confirmation of time and place they will deliver services from 1<sup>st</sup> April. People need to know where to go next week. Michele advised that MCCH will be moving into Folkestone Mind's ex charity shop once it is refurbished.

**Action 1:** Ask MCCH for confirmation of time and place they will deliver services from 1st April as a matter of urgency. *Update : MCCH have provided these details and they can be found on the Live It Well website on this link <http://www.liveitwell.org.uk/local-news/south-kent-coast/>*

4. MCCH staffing query. Is it true there will only be 1.5 staff for Dover and Deal areas?

**Action 2:** Ask MCCH for confirmation on how many staff will cover Dover and Deal.

*Update : There are 1.5 staff plus the manager, Tina Blackburn, who will continue to manage the service for the next month while she is working her notice and then Paul Head will be taking over.*

5. Issue around general communication from Porchlight and MCCH. The building is closing in a week and people still don't know where to go. Janice advised that there are no big changes and everything should stay the same this year. Porchlight are meeting with all providers today.

**b) Going forward to County:** Porchlight need to have a better communication strategy. This new model is supposed to address poor communication but this whole process has been lacking. Kent County Council is responsible for the late announcement and this has caused great distress to people using the services.

#### **5. Information Sharing:**

1. County MHAG update: February Minutes circulated and are available on the Live It well website on this link - <http://www.liveitwell.org.uk/your-community/county-mental-health-action-group/>

The Q &A raised with Shaw Trust and Porchlight was discussed in detail :-

The response to question 5 says there are no cuts in funding yet response to question 8 refers to " those organisations who have received reduced funding". KCC, Porchlight and Shaw Trust need to acknowledge this and be honest. There have been many cuts, MCCH only received a third of their normal funding, some

organisations have made redundancies and have reduced their services as a result and Lookahead are closing down altogether. Janice advised that Porchlight are interviewing Lookahead clients in order to identify what service then need. Porchlight asked providers to tender for less and gave them what they asked for.

Q13. *Is referral telephone line up and running?* Porchlight already have their own referral line and are interviewing more staff to accommodate from 1<sup>st</sup> April.

2. **Commissioners' Reports:**    **KCC Update** - have agreed to meet service user/carer expenses for attending the Mental Health Action Groups. This includes petrol and public transport but not parking costs. KMPT will meet costs for attending their meetings and includes parking costs. All expenses will currently be paid up to end of March by Take Off.

**CCG Update – Jeanette Dean-Kimili:** IAPT provider handout will be circulated and available on this link shortly <http://www.liveitwell.org.uk/local-news/south-kent-coast/>

**IAPT procurement** started back in August last year. Transition takes time but started 1<sup>st</sup> January with well-developed mobilisation plans and all providers are up and running. East Kent CCGs are meeting with them monthly to work through any issues with communication; ensuring that GPs understand the process. Two previous providers are not in the new service and it is proving hard to get this understood by GPs. The handout is trying to help GPs to understand when to refer people to services. Includes who the providers are and where they can be seen in a much wider area than before.

**New Primary Care Health & Wellbeing service** – CCGs have supported the tender and have contributed financially. Communication is critical after all the expense and time spent on this. No longer known as Primary Care Health & Wellbeing Service – now called **Live Well Kent**.

**Yearly annual contract negotiations taking place with KMPT.** Every year we agree service development improvements by working together to look at the service user pathway to see if services can be delivered more effectively. Once agreed I will bring back to this group.

**Children & Adolescent Mental Health Services (CAMHS)** – Lots happening on developing these services. Procurement is happening shortly and we are working out the timeline. The Neuro development pathway for autism and eating disorder procurement all feeds into this and needs to be coordinated together. Jeanette will feed back into MHAG in due course.

3. **Advocacy service provider has changed** and SEAP are now delivering this across the whole of Kent. Their flow chart can be viewed on this link <http://www.liveitwell.org.uk/your-community/county-mental-health-action-group/>

#### 4. **Provider Updates/New Members:**

**Sanctuary Supported Living - Kevin Sims:** New in post and based in Hythe which has 9 clients in two projects in Folkestone. One client is potentially ready to move out. Jo Miller is in the process of securing a venue to hold a Mental Health Festival for World Mental Health day on 11<sup>th</sup> October in Folkestone. Money raised will go towards crisis café.

**Kent Police - PCSO Karen Tappenden :** Karen demonstrated a new app called DASH which is for safeguarding and prevention. It covers domestic abuse, mental health etc, will signpost to appropriate agencies and give tips on how to stay safe. This has been developed by Kent Police Inspector Stuart Norris and is very user friendly. Download the app from the Apple Store or Google Play Store by typing in DASH Kent Police.

**KCC Social Care - Holly Warner :** Holly covers Thanet and South Kent. Service goes live from 1<sup>st</sup> April. For social care needs such as isolation, housing, benefits etc. We can also sign post to others. Leaflets to follow. Self-refer or through GPs and delivery partners.

**KMPT – Anne Broadley :** I work with Holly at Coleman House. I am concerned at the loss of services from MCCH.

**Porchlight – Melanie Kendall/Janice Wood:** Difficulties with lack of housing to move people on to. Too many bidding.

**Action 3: Invite Housing Options team to next meeting.** *(Update Jyotsna has invited them to the next meeting).*

**Shepway District Council – Jyotsna Leney & Jenny Hollingsbee:** Health & Wellbeing runs throughout all of our services. We are represented on the Local Children's Partnership Group (LCPG).

The South Kent Coast LCPG have key people involved with Early Intervention and Safeguarding etc. KCC is about to publish its Children and Young People plan which includes Emotional Wellbeing. We invited short time bids for £40,000 to deliver this in both areas, received 14 bids and short listed 5. Most of them were around mental health apart from obesity.

**Folkestone & District Mind – Michelle Godfrey:** No changes happening yet and will carry on for next year and see what happens. Porchlight funding is half of what we usually get to run day services so we will need to do lots of fund raising events next year.

**KMPT Community Mental Health Team – Marie Gallagher :** Lots of changes on the Health & Wellbeing front with the new strategic partners and the Single Point of Access (SPA). From 4<sup>th</sup> April all new urgent referrals will go through SPA. Hopefully this will have a positive impact on mental health services and will help with timely input. There will be lots of changes to resources and staff with some taking retirement and some moving on. Once everything has settled down the staff structure chart will be updated and circulated through this group.

**SpeakUp CIC – David Rowden :** Our service user Forums continue to operate in Dover, Deal, Ashford and Thanet. We have a new team member John Childs and he will be running a peer support group starting in Deal on 1<sup>st</sup> Friday every month at the Landmark café. Modest beginning but hope to expand and build on this. Would like to provide same in Dover in coming months.

5. Staff Changes: Expect lots after 1st April.

## **6. Working Group -Crisis Café**

The first meeting for the Working Group will be on April 26<sup>th</sup> with venue to be confirmed nearer the time. This will look at providing a safe place open after hours on Friday, Saturday and Sunday evenings for people in crisis and normal services are closed. Evidence has shown that these Crisis Cafes reduced the numbers going to A&E. Ben

Gibbons, Marie Gallagher, Kevin Sims Jamie McNeil, Terry Spink and Alan Heyes all agreed to attend the working group.

## **7. Date of next local Meeting**

**24<sup>th</sup> May, 2016, 11am (Pre-meeting for service users/carers only at 10.30am)**

At Council Chambers, Dover Town Council, Maison Dieu House, Dover, Kent, CT16 1DW  
Time Suit? Yes.

### **ACTION TABLE**

Action No.	Action Point	Responsibility	Status
1	Ask MCCH for confirmation of time and place they will deliver services from 1st April as a matter of urgency.	Marie McEwen	Completed
2	Ask MCCH for confirmation on how many staff will cover Dover and Deal.	Marie McEwen	Completed
3	Invite Housing Options team to next meeting.	Jyotsna Leney	Completed



T: 01732 744950

E: [mhag@westkentmind.org.uk](mailto:mhag@westkentmind.org.uk)

Minutes posted on : <http://www.liveitwell.org.uk/local-news/south-kent-coast/>