

## **CCG Mental Health Commissioning Update July 2016**

## **Live Well Kent**

The Provider is engaging with primary care and the CCG to inform primary care and the wider CCG community about early identification of when and how to refer and signpost people to services and benefits of early identification can improve outcomes for people. Porchlight have attended Primary Care GP and Practice Manager Trainings (PLTs), Practice Health Inequalities Group, that work to address high rates of health inequalities within their patient populations, Provider Workshops to improve communication and information to refer/transfer clients within services.

## **IAPT**

New IAPT providers continue to expand where services are provided across the CCG, for example Lydd has access to direct provision that was not previously in place.

Providers are planning a series of Group Sessions in Children's Centres specifically to work with families to identify strategies to support families, and providers have plans to run perinatal sessions.

Primary Care Mental Health Specialist Services are also developing closer links with Live Well Kent, IAPT and the KCC Primary Care Social Work Service.

The Eating Disorder business case to procure a new service is complete and making the final round of CCG Clinical Cabinets for GP sign off.

A review is underway with KMPT and EK CCGs of the Early Intervention In Psychosis Service to improve Access and Waiting Times Standards, so that adults with a first episode of psychosis start treatment within 2 weeks of referral. A first report is expected in Sept 16.

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