

Thanet Mental Health Action Group



Meeting on Thursday 10th May, 2016 11am-12.30 pm
At Richmond Fellowship, Thanet Community Service,
17 St. John's Road, Margate, Kent, CT91LU

PRESENT

ORGANISATION & EMAIL ADDRESS

David Rowden – Chair	Speak Up CIC
Marie McEwen – Minutes	West Kent Mind
Hilary Johnston	Porchlight
Julia Hargreaves	Porchlight
Louise Piper	East Kent Commissioning
Maggie Gallant	SpeakUp CIC
Hazel Malik	SpeakUp CIC
Mazza Duplany	SpeakUp CIC
Lola Kourellias	Carer
Liz Frost	Carers Support
Gloria Phyll	East Kent Carers Council
Holly Warner	KCC Primary Care Mental Health
Linda Stocker	Garden Gate
Sharon Buxton	KMPT/KCC
Guy Barritt	Rethink
Joyce Ogeisia	Centra Support
Linda Ranger	ThinkAction
Tony March	DWP Jobcentre Plus
Nick Dent	KMPT
Ann Adesoye	Richmond Fellowship
Jenny Solomon	Insight Healthcare
Mike Hackett	Avondale Care
James Selsby	Avondale Care
Karen Abel	Insight Healthcare
Lorna Kane	Windmill Community Garden
Emma Park	RISE Kent

APOLOGIES

ORGANISATION

Linda Caldwell	Thanet CCG
Brian Heard	SpeakUp CIC

1. East Kent Mental Health CCG Engagement Strategy – Louise Piper

The PowerPoint presentation has been circulated and can be found on this link <http://www.liveitwell.org.uk/local-news/thanet/#MHAGInformation>. The survey can be completed via this link <https://www.surveymonkey.co.uk/r/EKMHComm> and is available until 31st May, 2016.

Additional comments:

Provision of place of safety to be provided at several locations across Kent, no Police cells to be used. There is only one place of safety for children and adolescents which is in Dartford. CAMHS will be going out to tender soon and covers ages 0-18. It will eventually cover 0-25, which will address drop off between ages 18-25 and link in with safeguarding vulnerable children.

Psychiatric liaison is now available at 3 East Kent hospital for 12 hours per day (up to 8/9pm) for all ages including older people. It is not currently possible to provide night cover under the budget but will

be monitored with the intention of eventually being a 24 hour service. Data will be collected to identify needs and to review.

Parity of esteem will introduce waiting time guidelines which mental health services do not currently have, e.g. A&E have a 4 hour target and are held accountable if this is not met.

Louise will be attending the Thanet Service User Forum next Monday 16th May, please encourage service users to attend. Louise will come back in July to share results from the survey and the draft strategy.

2. Porchlight Live Well Kent Service – Hilary Johnston

The PowerPoint presentation has been circulated and can be found on this link <http://www.liveitwell.org.uk/local-news/thanet/#MHAGInformation>.

Porchlight are responsible for delivering services in Dartford, Gravesham & Swanley (DGS), Swale, Thanet and South Kent Coast.

Q&A

Q: What support is offered for people with long term conditions who don't fit within your plans?

A: We would like to see what plans/small goals people might have then work with them to access these in the community.

Q: 20 people in Sandwich have attended their group for over 20 years and will probably not move on as some are 70 years old. Their funding has been withdrawn.

A: That group comes under Shaw Trust.

Q: We know that now but Shaw Trust cannot help and if we had not taken this up they would have been left with nothing. There are lots of short term groups then people have to move on.

A: : We have no restrictions on how long people attend. There are some short term groups but we have no restrictions.

Q: In Thanet we have high need, no drop-ins, no Umbrella Centre. Richmond Fellowship Services have been cut - where will people go? If discharged into the community they need to be discharged into something. A drop-in group or phone call might be enough to keep the person well.

A: We want to know if needs are not being met. We have asked organisations to set their own priorities. We do not have strict parameters but want to see forward movement where possible. Rather than having their own coffee group it is better to have access in the community.

Q : a lot people are not able to go into the community and they need to go somewhere they can feel safe. Richmond Fellowship runs lots of groups but the cuts mean that Speakup are getting more referrals without additional funding to do this extra work.

A: Julia Hargreaves will be looking at those kind of issues and can arrange to meet with you to discuss this further.

Q: A lot do not move on and do not want to move into the community. It can be scary to come out of hospital and be asked to meet in a public place.

A: We are happy to meet with you and the carers organisations. There is not a lot of information on outcomes and we want to have an evidenced base to work with. We have very active service user involvement throughout Porchlight and want to continue this with the *Live Well Kent* service.

MCCH decided to move into the community rather than be building based. We are not making any profit and it has been costly to Porchlight. We not expecting to make any profit but if there was it would be reinvested into services.

The Innovation Grant will be launched in September and £45,000 has been allocated to Thanet and the South Kent Coast. Organisations can put forward suggestions for consideration. Service Users and commissioners will make up the awards panel.

Q : You mentioned a computer group?

A: A steering group in DGS identified the computer group was closing so we followed it up and commissioned an alternative group. If we had received similar feedback from Thanet we would have looked at it. Please contact Hilary directly if you have anything you wish to raise.

Q: Are there two pathways for long term/short term? You referred to a six month call back?

A: The 6 month call back does not mean the service has finished. It is to follow up to ensure people do not fall through the gaps. We want to see the wellbeing plan working. No time limit on this. Lots of organisations submitted different models but we are not being rigid.

Q Is helpline throughout Kent?

A: It is not a helpline it is a referral line and is the same for the whole of Kent. Open 9am-5pm Monday to Friday. It is not an emergency line, if you leave a message you will be called back on Monday. We have included Mental Health Matters helpline.

Q: Can we only refer people on to your delivery partners and does this limit choice of services?

A: No, we can refer to lots of other organisations and there is a much wider choice.

Q : How wide spread are the service user steering groups you mentioned?

A : The steering groups were between January and March. Which included all the localities we are working in.

Q: Who attends the Thanet service user group?

A: Porchlight has an existing service user group. When people sign up to *Live Well Kent* we will ask if they want to attend the service user forum.

3. Minutes of last meeting – approved.

4. Action Points from last meeting

No	Action	Responsibility	Status
1	Check all care co-ordinators provide their work mobile number to all carers.	Lucy Love	Sharon Buxton to confirm
2	Provide details of Margate Task Force incident to Tony to make enquiries.	David Rowden	Completed
3	Circulate details of KCC Housing survey to Linda.	David Rowden	Completed
4	Provide contact phone number and posters re DLA to be circulated and displayed at the Beacon.	Lucy Love	Sharon Buxton follow up
5	Confirm if service users not under Beacon service can access the social worker support for benefit forms.	Lucy Love	Sharon advised this is only for people under secondary services. Their support would be from Community Link Worker or DWP drop in at the Innovation Centre
6	Contact Porchlight and ask to be added to service user engagement list.	David Rowden	Completed

There were no actions raised at the County MHAG on behalf of Thanet MHAG.

5. Service User & Carer Questions

a) Questions raised at today's pre-meeting:

1. Problems getting through on the phone to the Beacon.
Sharon advised the phones are permanently manned but phone system is not fit for purpose. A new system has been authorised and is waiting for installation. This has been raised as a priority under Health & Safety of clients who cannot leave a message. The new system will have a message system and will be linked to laptops which means staff who move around will always be contactable
2. Specialised Peer support groups such as Hearing Voices are no longer available in the community as the groups are more generic.
Sharon advised that the Peer support workers have set up a Space group outside of KMPT for people discharged from services. One group has completed and funding for further one just received. There has been great feedback from service users and team members. Sharon and Linda Stocker agreed to meet to take this further.

Action 1 : Linda Stocker to meet with Sharon Buxton to set up Hearing Voices group.

3. Carers assessments are not happening at the Beacon. Sharon disagreed. There are 2 leads, 5 social care assistants, including Tom Wilmshurst and Lucy Love. Tom is a Carer Champion. Liz Frost confirmed that the Beacon has been referring new carers to her for assessments, not difficult – just ask for referral.
4. A service user with alcohol issues has been in hospital 4 times this year and has self-funded rehab, has lots of other problems including grief, depression and no one will help her. Passed around from service to service – needs help now. Sharon asked for details and advised that the Beacon are working closely with Turning Point including screening services, are trying to tighten up on this and now have Darren Clay leading and joint screening with Turning Point. David confirmed the client is already under Turning Point and had been referred to the Beacon but is getting no support.

Action 2 : David to provide details of client and Sharon will investigate.

Take to County: Highlight need for better support for very complex cases as above.

7. Information Sharing:

1. **County Update:** Porchlight and Shaw Trust gave presentations on the Live Well Kent service. Please refer to the minutes for full details on the Live It Well website on this link <http://www.liveitwell.org.uk/your-community/county-mental-health-action-group/>
2. **Commissioners Reports:** Thanet CCG Commissioners Report has been circulated and is also available on the Live It Well website on this link <http://www.liveitwell.org.uk/local-news/ashford/#MHAGInformation>

KCC Commissioner Sue Scamell : Nothing new to report at the moment whilst the new Live Well Kent service beds down. Porchlight and Shaw Trust will provide their own updates going forward. Sue chaired the recent County MHAG meeting and has responded to all questions raised on the Live Well Kent service. The new Primary Care Social work team will be attending local MHAGs and will also be able to give updates on the service. Sue happy to take any further questions by email at sue.scamell@kent.gov.uk

3. **KMPT Community Engagement Strategy Consultation – Nick Dent.** Presentation has been circulated and can be found on this link along with the questionnaire. Please read and respond. <http://www.liveitwell.org.uk/local-news/thanet/#MHAGInformation>.
We are aware we are not very diverse and want to review this. Instead of separate service user and carer strategies we now have one overall. Preparing new priorities for next five years and want your advice. We have 3 questions which have been circulated and your feedback is welcomed. The new draft strategy should be ready by the end of the summer and we will come back to share this with you.

4. Provider Service Update/New Members:

Garden Gate - Linda Stocker : Garden Gate project has evolved over 20 years. It is a Therapeutic Garden in the grounds of North Down House, provided by Thanet Council. Please come and see for yourself. Open 10am-3pm Monday to Friday. Not just gardening, includes craft activities. Links in with lots of partners in the community. Provides for people with Learning Disabilities and Mental Health. Leaflets will be circulated but please contact Linda with any questions. stocker_linda@yahoo.com

Primary Care Social Work Service - Holly Warner : The service is now up and running. We take self-referrals for social care needs. Funded by KCC social care and independent of KMPT.

KMPT Community Mental Health Team - Sharon Buxton: Lots of staff changes. consultant psychiatrist Dr. Bhatia will become full time in August. Dr Joyce Edeki is also a fulltime consultant. As of August we will be back to full team of 5 consultants. The Senior team is stable and we are recruiting to one senior social worker post.

Rethink Employment - Guy Barritt : The Live Well Kent service does not have same referral path as previously. We are now on the no wrong door scheme. If anyone wants to refer over to us or discuss paid work then please send names and contact details.

Centra Support – Joyce Ogeisia : Attending for first time. Colleagues have attended in the past. Happy to meet everyone and look forward to working with you all.

ThinkAction – Linda Ranger : We are working with Insight as IAPT providers to ensure we meet everyone needs. Terri Balby is our new Team Leader.

DWP - Tony March: Benefit cap taking effect later in the year, those affected by this will be notified from 24th May. Cap down to £20,000 from £25,000 per year which could affect some of your service users. Anyone on PIP or DLA is exempt. If on DLA the last batch have been contacted. Think it has 3 months notice. They have to actively make the claim –will not just be transferred to PIP. I will circulate details of the Disability Drop-in Centre.

Action 3: Tony to provide details of Disability Drop-in Centre. Update:

- Paul West in Ramsgate Job Centre every other Tuesday 2 – 4pm
- The rest of the time they are running out of their offices at Kent Innovation Centre, Broadstairs, Kent, CT10 2QQ.
- Contact for DDIC is Amanda Goldsmith ddic@hotmail.co.uk

Carers' Support - Liz Frost: Carers week 6th-12th June. Lots of events, details to follow.

Richmond Fellowship - Ann Adesoye : Ann is the interim Team Manager. We are advertising for a part time Team Locality Leader. <http://jobs.recoveryfocus.org.uk/vacancies/1681/>

Windmill Community Garden – Lorna Kane Wellbeing flyer handed out. Referral form and guidelines. Open Day 30th July please come and visit. See website <http://www.windmillcommunitygardens.org/>

Insight Healthcare – Jenny Solomon: Based in Ashford for 3 years now but now increasing resources in Thanet area. Will have new venues for face to face therapy. Have teamed up with IESO (formerly Psychology Online) for digital online therapy for those who cannot access services 9am-5pm. Leaflets handed out.

Rise Kent - Emma Park: RISE Kent is a peer support group for female, adult survivors of sexual trauma. Our Open day is on **Tuesday 24th May 2016**, 6pm to 8pm. Near Westwood Cross, Thanet. The full address will be disclosed to those attending only, as we prefer to keep the venue anonymous to public for the safety of our members. To book your place and receive details of the venue please contact support@risekent.org. You can also visit our website for more information: www.risekent.org

6. Working Group

The meeting ran out of time. David will circulate the Working Group Update by email.

Action 4: David Rowden to circulate Working Group Update by email.

7. Date of next meeting

12th July, 2016 at Richmond Fellowship, Thanet Community Service, 17 St. John's Road, Margate, Kent, CT91LU. Email to be circulated to confirm if this suits those not present today.

ACTION TABLE

Action No.	Action Point	Responsibility	Status
1	Meet with Sharon Buxton to set up Hearing Voices group	Linda Stocker	Lead on annual leave but is thought to be possible. If Beacon cannot run the group though we are looking at suggestion that people use their personal health budget to come to Richmond Fellowship for this. Other options being looked into. Keep on the agenda.
2	Provide details of client to Sharon who will investigate	David/Sharon	Not completed. Client was re-admitted to hospital but is out now. David hopes to meeting with them this afternoon to take further details.
3	Provide details of Disability Drop-in Centre	Tony March	Completed. Correction added. No service provided at Margate
4	Circulate Working Group Update by email.	David Rowden	Outstanding. David has met with KMPT Social work team to discuss Crisis café. Further meeting this afternoon and in 2 weeks. Sharon and Linda attending and keen to push this forward.

Minutes posted on : <http://www.liveitwell.org.uk/local-news/thanet>

Administration :



Phone: 01732 744950
Email: mhag@westkentmind.org.uk