

If you want more information or the help of an advocate, you or someone you know can...

## Go to our website:

www.kentadvocacy.org.uk

# Phone:

0300 34 35 714

### Email:

kent@seap.org.uk

### Text:

80800 using the keyword 'SEAP'

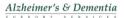
## Write to us:

PO Box 375, Hastings, East Sussex, TN34 9HU Kent Advocacy is a partnership of the following organisations:





















# YOURVoice YOURRights YOURChoice

Kent Advocacy ————



# How we can help

- We will talk to you to find out what you want and how you feel.
- We will listen to you.
- We will find information to help you make choices and decisions.
- We can talk to other people or groups for you.
- We can support you to speak or speak for you.
- We will defend and promote your rights.

# An advocate can support you or someone you know if

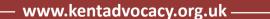
- 1. You have an autistic spectrum disorder; dementia; a hearing impairment; a mental health difficulty; a physical disability; a sight impairment; and/or are an older person.
- 2. You require support to make a complaint about care or treatment you have received in a NHS service or service paid for by the NHS.
- 3. You are detained under the Mental Health Act 1983 or subject to recall to hospital.
- 4. You have been referred for advocacy by social services or the NHS for support with your care and support.

# What you need to know

- We are independent.
- This means we do not work for social services or the NHS.

# We will only talk to other people

- When you want us to
- Or if you or someone you know might get hurt
- When the law says we have to



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