

If you want more  
information or the  
help of an  
advocate, you or  
someone you  
know can...

Go to our website:

[www.kentadvocacy.org.uk](http://www.kentadvocacy.org.uk)

Phone:

0300 34 35 714

Email:

[kent@seap.org.uk](mailto:kent@seap.org.uk)

Text:

80800 using the keyword 'SEAP'

Write to us:

PO Box 375, Hastings,  
East Sussex, TN34 9HU

Kent Advocacy is a  
partnership of the  
following  
organisations:



YOURVoice  
YOURRights  
YOURChoice

Kent Advocacy

## How we can help

- We will talk to you to find out what you want and how you feel.
- We will listen to you.
- We will find information to help you make choices and decisions.
- We can talk to other people or groups for you.
- We can support you to speak or speak for you.
- We will defend and promote your rights.

## An advocate can support you or someone you know if

1. You have an autistic spectrum disorder; dementia; a hearing impairment; a mental health difficulty; a physical disability; a sight impairment; and/or are an older person.
2. You require support to make a complaint about care or treatment you have received in a NHS service or service paid for by the NHS.
3. You are detained under the Mental Health Act 1983 or subject to recall to hospital.
4. You have been referred for advocacy by social services or the NHS for support with your care and support.

## What you need to know

- We are independent.
- This means we do not work for social services or the NHS.

## We will only talk to other people

- When you want us to
- Or if you or someone you know might get hurt
- When the law says we have to