



Thanet Service Users' Forum

26th September 2016

Minutes

1. **Present** – David D, Hazel, Marissa, Daphne, Ann, Les, Susan, Mazza, Ian, Brian, David R – Minutes, Amanda – Chair.
2. **Apologies** – Maggie, Sugar, Pav, Tony.
3. **Minutes of the Last Meeting** – The minutes were read and agreed.
4. **Matters Arising** –
 - a. Brian asked how the Justice for Delyth meetings have been going. David R updated that we are waiting for a response from the Police Commissioner and are now continuing to pursue other avenues. Brian also asked if we should be raising issues surrounding the bedroom tax with the local MP as this may have had a factor. David will raise this at the next meeting.
 - b. Mazza reported that she is seeing a Life Planner with Ageless Thanet and they will be discussing Next of Kin. Mazza will report back on this at the next Forum.
 - c. The Suicide Prevention Workshop was good; however it was more geared towards professionals.
5. **World Mental Health Day Event** – Unfortunately, we have had to change the World Mental Health Day Event from the 10th to the 12th of October. It will now also be held at the Garden Gate instead of at St. Paul's.
6. **PCC Wednesday 28th September** – Hazel and Brian will attend this meeting.
7. **Thanet MHAG Update** – We had a presentation from one of the psychiatrists leading on the Wellbeing Café talk about the progress of that initiative. The group discussed what the Wellbeing Café would look like.
8. **Issues going to County MHAG** – The phone system at the Beacon is not fit for purpose. They have raised this with KMPT in the aim to get an upgrade. We will raise this at the County MHAG to put the pressure on and see if we can get this resolved.
9. **New Facebook Group – Night Owls** – Maggie has set up a new Facebook group – Night Owls – for people who are having trouble sleeping at night and



would like a chat with someone. It's going well so far. Brian isn't sure if he's in the group and David Dixon would like to be added to it.

10. New group ideas – David R updated the group that we are currently putting in a series of bids to get some extra groups, specifically night time/weekend and more groups in Cliftonville, up and running. We will keep the group up to date on this. Brian suggested going to the driving range at Manston for an activity. Archery was also suggested.

11. Cliftonville Steering Group Feedback – The group felt that this was a good meeting and are looking forward to the next one.

12. Service User Issues –

- a. There was an issue raised about their treatment in a recent stay at St. Martin's. The information was given to David R and he will raise this.
- b. There was an issue raised about having changing care co-ordinators at the Beacon. They have had one for 2 sessions before they are changing again. David R will raise this.

13. A.O.B. –

- a. Daphne reported that the Olympia Café would like to work more closely with SpeakUpCIC. They're happy to have collections for us and advertise our activities.
- b. Unfortunately, Keith is in the Hospice at Margate. The group wished to send him their best wishes and will arrange to visit him if he's up to it.

Next Meeting 24th October 2016