



Your Voice In Mental Health

Peer Support Groups for People with Personality Disorders (PD)

DGS Groups are held every Thursday from 1-3pm at The Adult Education Centre, Darnley Road, Gravesend for people who reside in the Dartford, Gravesham & Swanley areas.

Peer support is where people with lived experience of a personality disorder help and support each other in a group setting.

If you are aged 18+ and would like further information or for group dates, please contact:

Tracey or Catherine

Tel: 01634 402077

Email: enquiries@megancic.org.uk

Funded by:

NHS
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**Dartford Gravesham and Swanley
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