



Peer Support Groups for People with Personality Disorders (PD)

**Swale groups are held every Friday
from 11.30am-1.30pm at the Avenue Theatre,
Remembrance Road, Sittingbourne.**

**Peer support is where people with experience of a
personality disorder help and support each other
in a group setting.**

**If you are aged 18+ and live in the Swale area and
would like further information, please contact:**

Tracey or Catherine

Tel: 01634 402077

Email: enquiries@megancic.org.uk

Funded by:

NHS
Medway Clinical Commissioning Group

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Swale